



## LIQUORICE (Glycyrrhiza glabra)

### FACT SHEET 38

Liquorice root is one of the ingredients in Denes Probiotic+ Powder and in Digestion+ Powder

#### Introduction

Liquorice is an ancient perennial herb whose properties were known to the Assyrians and Egyptians. It is native to southern Europe as well as Western and Central Asia. It is widely cultivated for medicinal and commercial use and in particular, used in making confectionery. Once grown in the UK in the Pontefract region of Yorkshire, today all supplies of liquorice in the UK are imported.

As a herb it has a wide number of applications and is one of a small number of herbs which have an action upon the endocrine system. This is chiefly because some of its constituents have chemical structures that resemble the natural steroidal compounds found in the body. The earliest reported veterinary use dates back to the 17<sup>th</sup> century but it was a frequent constituent of some of the herbal concoctions used to treat horses up until the early part of the 1900's.

#### How Liquorice can help

- One of the main uses of liquorice is in treating stomach ulceration. This is due to its action as a soothing demulcent. This effect can be put to good use along the whole length of the digestive tract making this remedy ideal to use in treating vomiting (gastritis), colitis and some forms of diarrhoea. Liquorice is also reputed to lower stomach pH
- Liquorice is often used as an expectorant and is commonly prescribed to help treat respiratory problems. It will help loosen bronchial secretions and so is of value in treating catarrh, coughs and bronchitis as well as some types of asthma
- Acting as a mild laxative, in larger amounts, Liquorice makes an ideal remedy to help with some types of constipation
- Liquorice is also a mild antispasmodic and can be used in the treatment and prevention of abdominal colic where it is of benefit in relieving pain
- As a tonic, Liquorice can be used to help strengthen the body and assist recovery where exhaustion has been a problem

#### Basic indications for using Liquorice

- Vomiting
- Gastritis
- Colitis & IBD
- Diarrhoea
- Abdominal colic
- Mild constipation
- Coughs
- Bronchitis
- Catarrh

## How Denes can help

Liquorice is one of the active ingredients, along with Peppermint, in Denes Probiotic+ Powder.

Denes Probiotic+ Powder is used to help restore and stabilise the bacteria naturally present in the bowel and is often used to resolve short and long-term diarrhoea problems. It can also be given routinely after antibiotics and in the prevention of tummy upsets.

Liquorice root is also an ingredient in Denes Digestion+ Powder together with Marshmallow root, Agrimony, Peppermint leaf, Ginger root, Slippery Elm and Kaolin.

Denes Digestion+ Powder is a traditional herbal food supplement formulated to help support the digestive system, soothing the lining of the bowel and firming stools.

## Other useful fact sheets

- Probiotic+ Powder
- Digestion+ Powder
- Colitis & Diarrhoea
- Inflammatory Bowel Disease (IBD)

If you have any queries concerning your pet's health or feeding problems, you can contact us for free pet care advice by:

- Visiting our website [www.denes.com](http://www.denes.com)
- Emailing us at [info@denes.com](mailto:info@denes.com)
- Calling us on 01273 325364 Mon-Fri, 9am – 12Noon
- Writing to us at:  
Denes Natural Pet Care Ltd  
2 Osmond Road  
Hove, East Sussex BN3 1TE